

## **Recreation Center at Southridge Pool Schedule**

July 1st, 2024 - July 7th, 2024

All Recreation Centers open at 7 a.m. and close at 5 p.m. on Thursday 7/4/24 for the 4th of July Holiday.

		7 11001.0441011.0	enters open at 7 a.m.	Fitness Pool		,			
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Time	Sunday
5:30a-7:00a	Monday	•	Wednesday	•	Triday	5:30a-6:00a		5:30a-6:00a	Junuay
7:00a-8:00a		Swim Fitness		Swim Fitness		6:00a-7:00a	Closed	6:00a-7:00a	Closed
8:00a-9:00a	Swim Fitness		Swim Fitness		Swim Fitness	7:00a-8:00a		7:00a-8:00a	
9:00a-10:00a		Aqua Fit		Aqua Fit		8:00a-8:30a	Swim Fitness	8:00a-8:30a	Swim Fitness
10:00a-11:00a				TR 1:1		8:30a-9:00a		8:30a-9:00a	
11:00a-11:30a					TR Swim	9:00a-10:00a		9:00a-10:00a	
11:30a-12:00p			TR 1:1			10:00a-11:00a	Open/Lap Swim	10:00a-11:00a	
12:00p-12:30p						11:00a-12:00p		11:00a-12:00p	
12:30p-1:00p				Open/Lap Swim		12:00p-12:30p		12:00p-12:30p	
1:00p-1:30p		Open/Lap Swim	Open /Lap Swim		Open/Lap Swim	12:30p-1:00p	TR 1:1	12:30p-1:00p	
1:30p-2:00p	Open/Lap Swim	Open/Lap Swim			Орегисар Змігії	1:00p-2:00p	IK I.I	1:00p-2:00p	Open/Lap Swim
2:00p-2:30p	Ореп/Lар Зміпі			Thrilling Thursdays		2:00p-3:00p		2:00p-3:00p	
2:30p-3:30p				Thining Thursdays		3:00p-4:00p		3:00p-4:00p	
3:30p-4:00p			TR 1:1	TR 1:1	TR Swim	4:00p-4:30p		4:00p-4:30p	
4:00p-4:30p			TR Swim	IIX I.1		4:30p-5:00p		4:30p-5:00p	
5:00p-6:30p						5:00p-6:00p		5:00p-6:00p	
6:30p-7:00p		Aqua Fit		Closed		6:00p-7:00p			
7:30p-8:00p				3,000		7:00p-8:00p		6:00p	Closed
8:00p	Closed	Closed	Closed		Closed	8:00p	Closed		
*Notes:	A lap lane may be added to the f	fitness pool to best accommodat	e all swimming needs.						
				Children's Pool					
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Time	Sunday
5:30a-10:00a	Closed	Closed	Closed	Closed	Closed	7:00a-9:00a	Closed	7:00a-9:00a	Closed
10:00a-8:00p	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	9:00a-8:00p	Open Swim	9:00a-6:00p	Open Swim
8:00p	Closed	Closed	Closed	Closed @ 5pm	Closed	8:00p	Closed	6:00p	Closed
*Notes:	Periodic 1:1 instruction / groups	for special needs members during	ng open swim.						
Current Channel / Shark Alley									
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Time	Sunday
5:30a-7:30a	Swim Fitness	Outin Fitness	Outin Filmon	Outin Fitzers	Swim Fitness	7:00a-9:00a	Swim Fitness	7:00a-9:00a	Swim Fitness
7:30a-10:00a	Swilli Filliess	Swim Fitness	Swim Fitness	Swim Fitness	Swilli Filliess				
40.00- 0.00-	00	0 0 1	0.01	0.01	0.01	9:00a-8:00p	Open Swim	9:00a-6:00p	Open swim
10:00a-8:00p	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim				
8:00p	Closed	Closed	Closed	Closed @ 5pm	Closed	8:00pm	Closed	6:00pm	Closed
				Family Spa					
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Time	Sunday
5:30a-8:00p	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	7:00a-8:00p	Open Swim	7:00a-6:00p	Open Swim
8:00p	Closed	Closed	Closed	Closed @ 5pm	Closed	8:00p	Closed	6:00p	Closed
*Notes:	Guests under 6 are permitted to				itness class participants for 15 min				
140165.	Oucoto under o are permitted to	aso the fairing spa with parent o	i logal gaurunig in the water. The		micoo daoo participanto idi 10 min	atos aitei ciass.			
Time	Marsday	Tuesday	Madraadau	Outdoor Pool	Euiden I	T:	Cotumbar	Time	Cumdan
Time	Monday	Tuesday Closed	Wednesday	Thursday	Friday	Time	Saturday	Time	Sunday
			Closed	Closed	Closed	7:00a-10:00a	Closed	7:00a-10:00a	Closed
5:30a-10:00a	Closed			2 2	0 0 1		0 0 :	10.00 0.00	
5:30a-10:00a 10:00a-6:00p	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	10:00a-6:00p	Open Swim	10:00a-6:00p	Open Swim
5:30a-10:00a 10:00a-6:00p 8:00p		Open Swim Closed	Open Swim Closed	Open Swim Closed @ 5pm	Open Swim Closed		Open Swim Closed	10:00a-6:00p 6:00p	Open Swim Closed

- Birthday Parties are scheduled Fridays 5:00p-7:00p, Saturdays & Sundays 10:00a-12:00p & 1:00p-3:00p & 4:00p-6:00p Inquire online @ hrcaonline.org
- Outside Groups wishing to utilize the Southridge Pools, please contact the Aquatics Manager at least one week prior to your requested usage date.
- Questions may be directed to the Aquatics Manager at 303-471-7060.

## \*Pool Schedule Subject to Change Without Notice\*