

Recreation Center at Southridge Pool Schedule April 1st - April 28th, 2024

Fitness Pool														
Time	Mon	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	Time	Sunday
5:30a-7:00a				Swim Fitness				Swim Fitness				Closed	5:30a-6:00a	Closed
7:00a-8:00a	Swim E	Swim Fitness		Swill Fuless		Swim Fitness		Gwiin Fibiess		Swim Fitness		Swim Fitness	6:00a-7:00a	Closed
8:00a-9:00a	Gwill Tible 35		Aqua Fit		Owin Finess		Aqua Fit		own hards		7:00a-8:00a		7:00a-8:00a	
9:00a-10:00a				, qua i n				i i i i			8:00a-8:30a		8:00a-8:30a	Swim Fitness
10:00a-11:00a		ISR		ISR		ISR	TR 1:1 ISR			ISR	8:30a-9:00a		8:30a-9:00a	
11:00a-11:30a						loix			TR Swim	loix	9:00a-10:00a		9:00a-10:00a	
11:30a-12:00p		Open/Lap Swim									10:00a-11:00a	Open/Lap Swim	10:00a-11:00a	
12:00p-12:30p				Open/Lap Swim		Open/Lap Swim		Open/Lap Swim			11:00a-12:00p 12:00p-12:30p		11:00a-12:00p	
12:30p-1:00p										Open/Lap Swim		TR 1:1 12:30p	12:00p-12:30p	
1:00p-1:30p	Open/La												12:30p-1:00p	
1:30p-2:00p													1:00p-2:00p	
2:00p-2:30p												-	2:00p-3:00p	Open/Lap Swim
2:30p-3:30p													3:00p-4:00p	
3:30p-4:00p	_			ISR	TR 1:1 TR Swim				TR Swim		4:00p-4:30p		4:00p-4:30p	
4:00p-4:30p	_	ISR				ISR		ISR		ISR	4:30p-5:00p		4:30p-5:00p	
5:00p-6:30p							TR 1:1				5:00p-6:00p 6:00p-7:00p		5:00p-6:00p	
6:30p-7:00p				Aqua Fit									6:00p-7:00p 7:00p-8:00p	
7:30p-8:00p				-										
8:00p	Clos	Closed		Closed		Closed		Closed		Closed		Closed	8:00p	Closed
*Notes:	A lap lane may b	e added to the f	fitness pool to be	st accommodate	all swimming ne	eds.								
	-						Children's	Pool						
Time	Monday		Tuesday		Wednesday		Thursday		Friday		Time	Saturday	Time	Sunday
5:30a-3:00p	Closed		Closed		Closed		Closed		Closed		7:00a-9:00a	Closed	7:00a-9:00a	Closed
3:00p-8:00p	Open Swim		Open Swim		Open Swim		Open Swim		Open Swim		9:00a-8:00p	Open Swim	9:00a-6:00p	Open Swim
8:00p	Clos	Closed		Closed		Closed		Closed		Closed		Closed	6:00p	Closed
*Notes:														
notes.		dealorry groups			g open swim.	Curro	nt Channel	Chork Al	lov					
Time	Mon	dav	Tuo	sday	Wodn	esday	Thur		Fric	lav	Time	Saturday	Time	Sunday
Time	WOI	uay	IUE	suay	weun	esuay	mura	suay	FIR	Jay	7:00a-9:00a	Saturday Swim Fitness	7:00a-9:00a	Swim Fitness
5:30a-10:00a	Swim Fitness	ISR	Swim Fitness	ISR	Swim Fitness	ISR	Swim Fitness	ISR	Swim Fitness	ISR	1.008-5.008	Owner Incoo	1.004-5.004	Gwinn Fibress
						1								
10:00a-3:00p	Closed		Closed		Closed		Closed		Closed		9:00a-8:00p Ope	Open Swim		Open Swim
												openomin		
3:00p-8:00p	Open Swim Closed		Open Swim Closed		Open Swim Closed		Open Swim Closed		Open Swim Closed					
														e t 1
8:00p	Clos	sed	Cid	ISED	CIO	ISEC			Clos	sed	8:00pm	Closed	6:00pm	Closed
							Family S	-			· · · · ·			
Time	Monday		Tuesday		Wednesday		Thursday		Friday		Time	Saturday	Time	Sunday
5:30a-10:00a	Swim Fitness		Swim Fitness Aqua Fit		Swim Fitness		Swim Fitness Aqua Fit		Swim Fitness		7:00a-9:00a	Swim Fitness	7:00a-9:00a	Swim Fitness
10:00a-3:00p	Closed		Closed		Closed		Closed		Closed		9:00a-8:00p	Open Swim	9:00a-6:00p	Open Swim
3:00p-8:00p	Open Swim		Open Swim		Open Swim		Open Swim		Open Swim		0.000 0.000	openromin	0.000 0.000	open omini
8:00p	Closed		Closed		Closed		Closed		Closed		8:00p	Closed	6:00p	Closed
*Notes:	Guests under 6 a	are permitted to	use the family sr	a with parent or	legal gaurding in	the water								
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- Swim Fi	itness" times	are reserve	u for water w	vaiking, iap s	swimming, e	IC.								

Birthday Parties are scheduled Saturdays & Sundays 10:00a-12:00p & 1:00p-3:00p & 4:00p-6:00p - Inquire online @ hrcaonline.org
Outside Groups wishing to utilize the Southridge Pools, please contact the Aquatics Coordinator at least one week prior to your requested usage date.
Questions may be directed to the Aquatics Coordinator at 303-471-7026.