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## TR Times December 2018 Newsletter

### MESSAGE FROM SUMMER

#### Greetings Therapeutic Recreation Friends and Families,

Happy Holidays from the Therapeutic Recreation Staff! We want to take this time to thank you for another great year, and we look forward to a fantastic 2019! Stay in shape over the holidays and start your New Year's resolutions with TR. In December, the Therapeutic Recreation Department has plenty of programs to keep you busy. Check out our December happenings in the: [September-December Activity Guide](#)  
Search 2019 activities in the Winter Activity Guide: [January-April Activity Guide](#)

In Special Olympics Bowling, three athletes competed in the State Fall Classic in Lakewood, November 17th. Congratulations Jackson, Jordan, and Kyle. Way to go you guys!

The Therapeutic Recreation Department would like to give a big shout-out thank you to all the volunteers that helped with programs this past year. We have the best volunteer staff, and we truly appreciate the time you share with us. Thank you for making our programs so successful. We could not do it without you!

Coming in January: Winter Break Sports Camp. Please register by December 20th. See *TR Happenings* below.

For more information about the HRCA Therapeutic Recreation Program, class pricing, and availability; please feel free to contact [summer.aden@hrcaonline.org](mailto:summer.aden@hrcaonline.org).

~Summer Aden

Learn more or register now!

### TR HAPPENINGS



#### **Indoor Soccer (Ages 8-Adult)**

Want to learn the game of soccer, improve your skills, and make some friends? Join us for Indoor Soccer continuing in December.

Wednesdays at Southridge Gym  
December 5th - December 19th (three sessions)  
\* No practice December 26th  
5:15 p.m. - 6:00 p.m.

Register [HERE](#)



### **Hometown Holiday & Winter Market (All Ages)**

Photos with Santa, carolers, carriage rides, live reindeer, tree lighting at 5:00 p.m. Free family event, but R.S.V.P. to Summer Aden required, (303) 471-7043. The first nine Therapeutic Recreation participants to register will get a wagon ride with Santa.

Friday at Highlands Ranch Town Center South  
December 7th, 4:00 p.m. - 7:30 p.m.

More info [HERE](#)



### **Breakfast With Santa (All Ages)**

Come enjoy breakfast with Santa! It's a pancake breakfast with crafts, letters to Santa, and stories with Mrs. Claus. Event will sell out, so register early. Limited to 15 Therapeutic Recreation participants. R.S.V.P. to Summer Aden, (303) 471-7043. Children must be accompanied by a registered adult. Every person needs a ticket regardless of age.

Eastridge Rec Center  
Saturday, December 15th  
8:30 a.m. - 10:30 a.m.

[More information](#)

### **Winter Break Sports Camp (Ages 8-adult)**



Learn the skills necessary to play a variety of sports. Also learn the rules of the games, focusing on good sportsmanship and teamwork.

Southridge Rec Center  
Tuesday January 2nd & Friday January 4th  
9:00 a.m. - Noon

Register [HERE](#)

**Learn more or register now!**

***VOLUNTEERS WANTED***



Many of our group programs could not run without volunteer support. We welcome adults, and teens (ages 15 and up). We are always looking for volunteers for our activities. Volunteer and change a life!

We have volunteer opportunities in: Indoor Soccer (Dec.), and Winter Break Sports Camp (Jan.).

If you are interested in volunteering to help with any Therapeutic Recreation programs and/or fundraisers please contact Summer Aden at 303-471-7043 or [Summer.Aden@HRCAOnline.org](mailto:Summer.Aden@HRCAOnline.org).

Please encourage other families to check out our web page at [TR website](#) or to subscribe to the TR newsletter by asking them to email Summer. Thank you for spreading the word about all that TR has to offer.

## FEATURED ATHLETES & VOLUNTEERS OF THE MONTH



### **Athlete of the Month: Kosmo A.**

Our December Athlete of the month is Kosmo A. Kosmo is 11 years old and is a 5th grader at Powderhorn Elementary. His favorite class is math, and he says his teacher Mrs. Holtz has made the biggest impact on his life. Outside of school, Kosmo likes to play video games, and writes and sells his own short stories. With Therapeutic Recreation, he participates in bowling and Tae Kwon Do. His proudest accomplishments were breaking the board and earning his yellow belt in TKD, and being named "Superstar" for good behavior in school.

Congratulations Kosmo on being December's Athlete of the Month!



### **Volunteer of the Month: Debbie R.**

Our December Volunteer of the Month is Debbie R. Debbie has been volunteering with Therapeutic Recreation for almost a year, and her caring and sensitivity have made her a favorite of the athletes. She helps with soccer, basketball, swim team, and sports camps. An Iowa native, Debbie is a graduate of CU Denver and has lived in Highlands Ranch for 20 years. Debbie says getting to know the kids and seeing their sportsmanship develop has been the highlight of her volunteer experience. Thank you Debbie for all you do!

HRCAonline.org | 303-791-2500

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