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TR Times September 2020 Newsletter

MESSAGE FROM SUMMER

Greetings Therapeutic Recreation Friends and Families,

Fall will soon be here and it is time to start registering for all of our exciting activities and camps! Now that school is starting, it is not too early to plan for the Fall Break Sports Camp or other fun after-school activities! Check out our [Therapeutic Sports Camps](#) page for more information.

Join our Therapeutic Recreation Bowling Team! Our practices are held on Saturdays from 11:00 a.m. - 12:30 p.m. We would love to have you join the fall fun! See additional information and a link to register below in our TR Happenings section!

Looking for some more fun ideas, now that school has started? Take a look and see what we have for program offerings this month! All September TR programs can be found on our [TR Website!](#)

For more information about the HRCA Therapeutic Recreation Program, class pricing, and availability; please feel free to contact summer.aden@hrcaonline.org.

~Summer Aden

[Learn more or register now!](#)

TR HAPPENINGS



TR Basketball (8 - Adult)

Learn the skills to play basketball, the rules of the game, and good sportsmanship!

Southridge South Gym

Wednesdays, Sept. 2nd - 30th
Wednesdays, Oct. 7th - 28th
5:15 p.m. - 6:00 p.m.

Register for September [HERE](#)

Register for October [HERE](#)



Therapeutic Recreation Bowling (8-Adult)

Learn the rules of the game, form, and technique.

Bowlero: University and County Line Road
Saturdays, Sept. 12th - Nov. 14th
11:00 a.m. - 12:30 p.m.

Register [HERE](#)



Stride to Ride Bike Camp (5-Adult)

A program dedicated to teaching individuals of all abilities two-wheeled balance, coordination, and confidence for a lifetime of riding adventures. Price of class includes the cost of a STRIDER Balance Bike to take home. (If you already own a STRIDER, the cost will be reduced accordingly)

Southridge, South Gym
Monday, October 12th - Friday, October 16th
10:00 a.m. - 11:00 a.m.

Register [HERE](#)



Fall Break Sports Camp (8-Adult)

Learn the skills necessary to play a variety of sports. Also learn the rules of the games, focusing on good sportsmanship and teamwork.

Southridge, South Gym
Tuesday, October 13th, Thursday October 15th
12:30 p.m. - 3:30 p.m.

Register [HERE](#)

++Per State of Colorado Mandate, masks are required during classes and camps for anyone 11 and older **

[Learn more or register now!](#)

VOLUNTEERS WANTED



Many of our group programs could not run without volunteer support. We welcome adults and teens (ages 15 and up). We are always looking for volunteers for our activities. Volunteer and change a life!

We have volunteer opportunities in the following programs: Thrilling Thursdays, Bowling starting in September, Basketball starting in September, and Fall Break Sports Camp in October.

If you are interested in volunteering to help with any Therapeutic Recreation programs and/or fundraisers please contact Summer Aden at 303-471-7043 or

Summer.Aden@HRCAOnline.org.

Please encourage other families to check out our web page at [TR website](#) or to subscribe to the TR newsletter by asking them to email Summer. Thank you for spreading the word about all that TR has to offer.

FEATURED ATHLETES & VOLUNTEERS OF THE MONTH



Athlete of the Month: Xander R.

Xander is a 15-year-old sophomore at Thunder Ridge High School. His favorite subjects are math and P.E. Xander's proudest accomplishment is receiving all "A's" in school, and plans to go to college to be a police officer! In his free time he enjoys basketball, hockey, tennis, baseball, piano, baking, and playing with his dog, Winni!

Xander is very involved in TR, participating in tennis, soccer, basketball, thrilling Thursdays, and sports camps. His advice to new athletes: "Don't give up, and always try new things. You don't have to be so good, just have fun and meet new friends too."

Xander had two big surgeries on his hip and femur and could not walk for a long time, but worked hard so he doesn't need a wheelchair or walker anymore. "I told myself to never give up" and can now play sports again! Xander credits Coach Joe and Coach Cody for being the biggest influences in his life.

Congratulations Xander - you are our athlete of the month!



Volunteers of the Month: Tri-Camp Volunteers

What a hot, exciting trip it has been! This camp would not have been possible without the hard work and flexibility of our wonderful volunteers, parents, and care-givers.

Even though we did not get to complete our camp by participating in the race, our athletes had an incredible time thanks to all of your time and talents.

Thank you Scott, Dustin, Josie, Vince, Melanie, Rachel, and all the parents, you are our Volunteers of the Month!

We are working diligently to provide a clean, safe environment for you, but with all things related to COVID-19 there is inherent risk. It is up to you to choose to use the HRCA amenities, knowing that you assume risk when gathering with other people and visiting other facilities.

HRCOnline.org | 303-791-2500

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HIGHLANDS RANCH
COMMUNITY ASSOCIATION

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