



Therapeutic Recreation

TR TIMES

August 2022 Newsletter

Message From Summer

Greetings Therapeutic Recreation Friends and Families,

Happy August! Our triathletes are competing in the Splash Mash Dash Kids Triathlon on Saturday, August 6th. 11 athletes have been training hard this summer. Good luck!

School will be starting soon, but it is not too late to take advantage of our summer activities! Hip Hop, Indoor Soccer, and Taekwondo all have a few spots remaining! For more information check out our [May - August Activity Guide](#). Don't delay, sign up today!

We also have many exciting things coming this fall, including Special Olympics Bowling! We also offer more sports, camps, and our Halloween Dance! To learn more about these programs, check out our [Fall Activity Guide Pages](#)

Thinking ahead and planning for Fall Break? Good for you! Explore our camps and register today on our [TR Camps Page](#)!

Registration for our programs is easy and you are sure to find just the right one on our TR page. For more information and registration, check out all of our fun programs on our website: www.hrcaonline.org/tr

For more information about the HRCAs Therapeutic Recreation Program, class pricing, and availability, please feel free to contact summer.aden@hrcaonline.org.

~Summer Aden

TR Happenings



Indoor Soccer (8 - Adult)

Learn the skills to play soccer, the rules of the game and good sportsmanship.

Southridge, Gym

Wednesdays, 5:15 p.m. - 6:00 p.m.

August 3rd - August 31st Register [HERE](#)

Special Needs Taekwondo (5-17)

Designed to help students improve balance, concentration, self-control, and confidence. This class is open to all ability levels. Belt testing is determined by our certified instructor and requires a separate fee.

Northridge, Martial Arts Studio



Tuesdays, Thursdays 3:50 p.m. - 4:30 p.m.

August 9th - 30th Register [HERE!](#)



Special Needs Basketball (8 - Adult)

Learn the skills to play basketball, the rules of the game, and good sportsmanship.

Southridge, Gym

Wednesdays 5:15 p.m. - 6:00 p.m.

September 7th - 28th

October 5th - 26th

Register for September [HERE!](#)

Register for October [HERE!](#)



Special Olympics Bowling (8 -Adult)

Bowlers meet off-site at AMF Bowlero - Littleton, 2530 E County Line Rd

September 10th - November 12th

Saturdays 11:00 a.m. - 12:30 p.m.

Register for Bowling [HERE!](#)

Volunteers Wanted

Many of our group programs could not run without volunteer support. We welcome adults and teens (ages 15 and up). We are always looking for volunteers for our activities. Volunteer and change a life!



We have volunteer opportunities in the following programs: Basketball (beginning in September), Bowling (beginning in September) Halloween Dance (October 28th), Soccer (Wednesdays in August), and Thrilling Thursdays.

If you are interested in volunteering to help with any Therapeutic Recreation programs and/or fundraisers please contact Summer Aden at 303-471-7043 or Summer.Aden@HRCAOnline.org.

Please encourage other families to check out our web page at the [TR website](#) or to subscribe to the TR newsletter by asking them to email Summer. Thank you for spreading the word about all that TR has to offer.



Featured Athletes & Volunteers of the Month

Athletes Of The Month - TR Tennis Athletes!

Congratulations to our Athletes of the Month, our TR Tennis Athletes!



Our athletes have spent the months of June and July "under the bubble" at Northridge Recreation Center. They learned many skills and techniques to improve their play, and had a blast doing it.

The season wrapped with a swim and pizza party that was enjoyed by all!

Congratulations TR Tennis Athletes – you are our Athletes of the Month!

Volunteer of the Month: TR Tennis Volunteers!



A big 'Thank You' to our TR Tennis Volunteers! Your dedication and enthusiasm has made this one of the best seasons yet!

Our volunteers worked with our athletes to teach them the skills needed to play tennis, the rules of the game, and good sportsmanship! They came armed with energy and positive attitudes that really helped them connect with the athletes and make a big impact. We appreciate all that you have done during our two-month season!



Congratulations Edie, Jackie, Ida and Brady - You are our Volunteers of the Month!

HRCOnline.org | 303-791-2500

© Highlands Ranch Community Association. All Rights Reserved Worldwide



HIGHLANDS RANCH
COMMUNITY ASSOCIATION

9568 University Boulevard, Highlands Ranch, CO 80126 | [HRCOnline.org](https://www.HRCOnline.org)

Click [here](#) to manage your subscriptions or [opt out](#) of all marketing emails from HRCA



[About our service provider](#)