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TR Times June 2019 Newsletter

MESSAGE FROM SUMMER

Greetings Therapeutic Recreation Friends and Families,

Making plans for the summer? Don't forget to include Therapeutic Recreation! Take a look at what we have coming up in this month, and check out the Summer Activity Guide.

Coming in June: Lego Camp, Special Olympics Tennis, and Triathlon Camp!
Summer Activity Guide: [May-August Activity Guide](#)

Thanks to all of our Special Olympics Swim team participants! We had 26 athletes participate, and 13 valuable volunteers, that helped make the 2019 Special Olympics Swim team season a resounding success. See you next year!

We have a lot of fun activities beginning this month! Tri Sports Camp, Lego Engineering Camp, Special Olympics Tennis Team, Indoor Basketball, Hip Hop, and Tae Kwon Do all begin next wee. Don't delay - sign up today!

[Click Here for TR Summer Fun in the Sun!](#)

Be sure to look for **Big Pinkie the Ice Cream Truck** at Touch-a-Truck, and the July 4th celebration next month.

[High Point Creamery Link](#)



Join us for the 1st annual Happy Hour Half K! Help raise money for Therapeutic Recreation and participate in a 1/2 kilometer walk/run. Meet us at Shea Stadium, 6:00 **Friday June 14th**, and ambulate to Grist Brewing Company (total distance 1,640 feet). Come hang out with us before the big 6:00 p.m. start time. Beginning at 5:00 p.m. there will be festivities for the whole family to enjoy- including beer, pizza and bounce castles/slides.

After finishing the grueling race, stick around at Grist Brewing Company for more fun! More bounce castles/slides, music, food trucks and yard games. Enjoy the Happy Hour Half K beer of the night where a portion of all proceeds go directly back to the Therapeutic Recreation Program.

VOLUNTEERS NEEDED!

email Summer at: summer.aden@hrcaonline.org to sign up to volunteer.

For more information about the HRCA Therapeutic Recreation Program, class pricing, and availability; please feel free to contact summer.aden@hrcaonline.org.

~Summer Aden

Learn more or register now!

TR HAPPENINGS



Lego Summer Camp with STEM Challenge (Ages 8-Adult)

Participants will build what they have only dreamed of, with the support of experienced Play-Well Engineering and TR staff. This engineer-designed curriculum challenges all ability levels. Have fun all week at this highly popular camp.

Southridge Rec Center, Butte Room
Monday through Friday, June 3rd - June 7th
9:30 a.m. - 11:00 a.m.

Register [HERE](#)



Special Olympics Tennis Team (Ages 8-Adult)

Learn to play tennis or improve your skills. Have fun and learn a lot from tennis pro Coach Frank. Train to compete in a Special Olympics tennis tournament!

Northridge Indoor Tennis Court
Mondays, June 3rd - July 29th
4:00 p.m. - 5:00 p.m.

Register [HERE](#)



Tri Sports Camp (Ages 8-Adult)

If you like to swim, bike, and run - join in the fun! This program is designed to prepare special needs athletes for the HRCA Splash Mast Dash Kids Triathlon on August 3rd at Northridge.

Practices: Mondays and Thursdays, June 3rd - August 1st
5:30 p.m. - 6:30 p.m.

Mondays: Northridge Outdoor Pool

Thursdays: Northridge Park Pavilion

Register [HERE](#)



Summer Sports Camp (Ages 8-Adult)

Learn the skills necessary to play a variety of sports. Also learn the rules of the games, focusing on good sportsmanship and teamwork. Make friends and have fun!

Southridge Rec Center
Tuesdays, July 9th - July 30th
9:00 a.m. - Noon

Register [HERE](#)

Learn more or register now!

VOLUNTEERS WANTED



Many of our group programs could not run without volunteer support. We welcome adults, and teens (ages 15 and up). We are always looking for volunteers for our activities. Volunteer and change a life!

We have June volunteer opportunities in: Lego Camp, Hip Hop, Special Olympics Tennis, and Triathlon Team. In July, we need volunteers for Tuesday Sports Camp, and Indoor Soccer.

If you are interested in volunteering to help with any Therapeutic Recreation programs and/or fundraisers please contact Summer Aden at 303-471-7043

or

Summer.Aden@HRCAOnline.org.

Please encourage other families to check out our web page at [TR website](#) or to subscribe to the TR newsletter by asking them to email Summer. Thank you for spreading the word about all that TR has to offer.

FEATURED ATHLETES & VOLUNTEERS OF THE MONTH



Athletes of the Month: Tae Kwon Do belt-testers

Our June Athletes of the Month are Calvin and Charity A., Hayden N., and Kosmo A! Calvin (pictured on the left) is 12 years old and tested for his black-belt. His mom Charity also tested for her black-belt. Both are pictured together, bottom-right.

Pictured below: Kosmo (on the left) is 11 years old and tested for his green-belt. Hayden (on the right) is 16 years old and tested for his high brown-belt. All succeeded in achieving their next belt-levels! Congratulations on your hard work and long hours of practice. **You** are June's Athletes of the Month!





Volunteers of the Month: Swim Team volunteers

Our June Volunteers of the Month are the Special Olympics Swim Team volunteers. Helping in the pool and on the deck, our dedicated group of volunteers helped us through two months of practices and a swim meet. Thank you for all your efforts these past two months. Coaching 27 athletes this season was no easy feat. We could not have done it without you. See you next year!

HRCOnline.org | 303-791-2500

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