



Expedition Camp Packing List

Below you will find our recommended packing list of what to wear or bring to camp in order to be prepared and safe. There is no need to buy all new clothing or gear for camp. We recommend that your child wear comfortable, well used clothing; this is especially important for hiking boots. Synthetic gear and wool socks tend to do best in our active camp setting. We allow our campers to play hard, so clothing worn to camp is likely to get dirty. **Please write your camper's name on EVERYTHING that you send to camp.**

- Daypack** – backpack with good shoulder straps, a hip strap, and large enough to carry all of the camper's belongings

In Daypack:

- Lunch** – Pack a large, healthy meal, avoiding candy and soda. We encourage the use of reusable containers.
- 2 Additional Snacks** – We encourage the use of reusable containers.
- Reusable Water Bottles or Camelbak**
- Sunscreen** – siblings in different camp groups need their own bottle
- Extra layer or Rain jacket** - check the weather each day and send weather appropriate outerwear
- Jacket**
- Winter hat**
- Gloves**

On Camper:

- Comfortable clothes**
- Worn-in hiking boots or hiking shoes**
- Ball cap or bucket hat**
- Sunglasses**

