



# Nature Preschool Packing List

Below you will find our recommended packing list of what to wear and bring to nature preschool in order to be prepared and stay safe. Our program is play-based and is entirely outdoors, so any clothing worn is likely to get dirty.

Please write your child's name on EVERYTHING that you send with them. A sharpie works well, or, we recommend name stickers from Label Daddy or a similar company that can be stuck on everything from water bottles to shoes.

We want your child to feel empowered and prepared, so we encourage you to let your child help you pack so that they know what they have available to them to take care of themselves.

- Backpack** – backpack should be appropriately sized for your child

## In Their Backpack:

- Water bottle**
- Lunch** - we encourage the use of reusable containers
- Snack** - we encourage the use of reusable containers
- Sunscreen**
- Light jacket**
- Full change of clothes** (shirt, pants/shorts, underwear, and socks) inside a zippered wet bag

## On Your Child:

- Comfortable clothes** - be sure to check the weather before dressing each morning
- Comfortable closed-toe shoes**
- Sunhat**
- Sunscreen already applied**

