

| Indoor Fitness Pool |                 |                 |               |               |               |               |                 |               |
|---------------------|-----------------|-----------------|---------------|---------------|---------------|---------------|-----------------|---------------|
| Time                | Sunday          | Monday          | Tuesday       | Wednesday     | Thursday      | Friday        | Saturday        | Time          |
| 5:30a-6:00a         | Facility Closed | Facility Closed | Open/Lap Swim | Open/Lap Swim | Open/Lap Swim | Open/Lap Swim | Facility Closed | 5:30a-6:00a   |
| 6:00a-6:30a         |                 |                 |               |               |               |               |                 | 6:00a-6:30a   |
| 6:30a-7:00a         | Open/Lap Swim   | Open/Lap Swim   | Open/Lap Swim | Open/Lap Swim | Open/Lap Swim | Open/Lap Swim | Open/Lap Swim   | 6:30a-7:00a   |
| 7:00a-7:30a         |                 |                 |               |               |               |               |                 | 7:00a-7:30a   |
| 7:30a-8:00a         |                 |                 |               |               |               |               |                 | 7:30a-8:00a   |
| 8:00a-8:30a         |                 |                 |               |               |               |               |                 | 8:00a-8:30a   |
| 8:30a-9:00a         |                 |                 |               |               |               |               |                 | 8:30a-9:00a   |
| 9:00a-9:30a         |                 |                 |               |               |               |               |                 | 9:00a-9:30a   |
| 9:30a-10:00a        |                 |                 |               |               |               |               |                 | 9:30a-10:00a  |
| 10:00a-10:30a       |                 |                 |               |               |               |               |                 | 10:00a-10:30a |
| 10:30a-11:00a       |                 |                 |               |               |               |               |                 | 10:30a-11:00a |
| 11:00a-11:30a       |                 |                 |               |               |               |               |                 | 11:00a-11:30a |
| 11:30a-12:00p       |                 |                 |               |               |               |               |                 | 11:30a-12:00p |
| 12:00p-12:30p       |                 |                 |               |               |               |               |                 | 12:00p-12:30p |
| 12:30p-1:00p        |                 |                 |               |               |               |               |                 | 12:30p-1:00p  |
| 1:00p-1:30p         |                 |                 |               |               |               |               |                 | 1:00p-1:30p   |
| 1:30p-2:00p         |                 |                 |               |               |               |               |                 | 1:30p-2:00p   |
| 2:00p-2:30p         |                 |                 |               |               |               |               |                 | 2:00p-2:30p   |
| 2:30p-3:00p         |                 |                 |               |               |               |               |                 | 2:30p-3:00p   |
| 3:00p-3:30p         |                 |                 |               |               |               |               |                 | 3:00p-3:30p   |
| 3:30p-4:00p         |                 |                 |               |               |               |               |                 | 3:30p-4:00p   |
| 4:00p-4:30p         |                 |                 |               |               |               |               |                 | 4:00p-4:30p   |
| 4:30p-5:00p         |                 |                 |               |               |               |               |                 | 4:30p-5:00p   |
| 5:00p-5:30p         |                 |                 |               |               |               |               |                 | 5:00p-5:30p   |
| 5:30p-6:00p         |                 |                 |               |               |               |               |                 | 5:30p-6:00p   |
| 6:00p-6:30p         |                 |                 |               |               |               |               |                 | 6:00p-6:30p   |
| 6:30p-7:00p         |                 |                 |               |               |               |               |                 | 6:30p-7:00p   |
| 7:00p-7:30p         |                 |                 |               |               |               |               |                 | 7:00p-7:30p   |
| 7:30p-8:00p         |                 |                 |               |               |               |               |                 | 7:30p-8:00p   |

| Activity Pool |                 |                 |              |              |              |              |                 |               |
|---------------|-----------------|-----------------|--------------|--------------|--------------|--------------|-----------------|---------------|
| Time          | Sunday          | Monday          | Tuesday      | Wednesday    | Thursday     | Friday       | Saturday        | Time          |
| 5:30a-6:00a   | Facility Closed | Facility Closed | Swim Fitness | Swim Fitness | Swim Fitness | Swim Fitness | Facility Closed | 5:30a-6:00a   |
| 6:00a-6:30a   |                 |                 |              |              |              |              |                 | 6:00a-6:30a   |
| 6:30a-7:00a   | Swim Fitness    | Swim Fitness    | Swim Fitness | Swim Fitness | Swim Fitness | Swim Fitness | Swim Fitness    | 6:30a-7:00a   |
| 7:00a-7:30a   |                 |                 |              |              |              |              |                 | 7:00a-7:30a   |
| 7:30a-8:00a   |                 |                 |              |              |              |              |                 | 7:30a-8:00a   |
| 8:00a-8:30a   |                 |                 |              |              |              |              |                 | 8:00a-8:30a   |
| 8:30a-9:00a   |                 |                 |              |              |              |              |                 | 8:30a-9:00a   |
| 9:00a-9:30a   |                 |                 |              |              |              |              |                 | 9:00a-9:30a   |
| 9:30a-10:00a  |                 |                 |              |              |              |              |                 | 9:30a-10:00a  |
| 10:00a-10:30a |                 |                 |              |              |              |              |                 | 10:00a-10:30a |
| 10:30a-11:00a |                 |                 |              |              |              |              |                 | 10:30a-11:00a |
| 11:00a-11:30a |                 |                 |              |              |              |              |                 | 11:00a-11:30a |
| 11:30a-12:00p |                 |                 |              |              |              |              |                 | 11:30a-12:00p |
| 12:00p-12:30p |                 |                 |              |              |              |              |                 | 12:00p-12:30p |
| 12:30p-1:00p  |                 |                 |              |              |              |              |                 | 12:30p-1:00p  |
| 1:00p-1:30p   |                 |                 |              |              |              |              |                 | 1:00p-1:30p   |
| 1:30p-2:00p   |                 |                 |              |              |              |              |                 | 1:30p-2:00p   |
| 2:00p-2:30p   |                 |                 |              |              |              |              |                 | 2:00p-2:30p   |
| 2:30p-3:00p   |                 |                 |              |              |              |              |                 | 2:30p-3:00p   |
| 3:00p-3:30p   |                 |                 |              |              |              |              |                 | 3:00p-3:30p   |
| 3:30p-4:00p   |                 |                 |              |              |              |              |                 | 3:30p-4:00p   |
| 4:00p-4:30p   |                 |                 |              |              |              |              |                 | 4:00p-4:30p   |
| 4:30p-5:00p   |                 |                 |              |              |              |              |                 | 4:30p-5:00p   |
| 5:00p-5:30p   |                 |                 |              |              |              |              |                 | 5:00p-5:30p   |
| 5:30p-6:00p   |                 |                 |              |              |              |              |                 | 5:30p-6:00p   |
| 6:00p-6:30p   |                 |                 |              |              |              |              |                 | 6:00p-6:30p   |
| 6:30p-7:00p   |                 |                 |              |              |              |              |                 | 6:30p-7:00p   |
| 7:00p-7:30p   |                 |                 |              |              |              |              |                 | 7:00p-7:30p   |
| 7:30p-8:00p   |                 |                 |              |              |              |              |                 | 7:30p-8:00p   |

| Family Spa Hours                                                 | Children's Pool                         |
|------------------------------------------------------------------|-----------------------------------------|
| Sun. 7a.m. – 6p.m.                                               | Sun. 9a.m. – 6p.m.                      |
| Mon 7 a.m. – 5p.m.                                               | Mon 9 a.m. – 5 p.m.                     |
| Tue- Fri 5:30a.m. – 10a.m. & 3p.m. - 8p.m.                       | Tue–Fri 3 p.m. – 8 p.m.                 |
| Sat 7 a.m. - 8p.m.                                               | Sat 9 a.m. – 8 p.m.                     |
| *Family spa maintained from 96-98 degrees for all ages to enjoy. | Outdoor Pool Hours                      |
|                                                                  | Sun 10a.m. – 6p.m.                      |
|                                                                  | Mon 10a.m. – 5p.m.                      |
|                                                                  | Closed for season after Labor Day (9/7) |



Scan to see the Pool Schedules at all Facilities

**\*PLEASE NOTE:**

- **Pool Schedule is subject to change with little to no advance notice.**
- "Break Out" may be called at the top of every hour of "Open Swim" for all guests under the age of 18.
- "Swim Fitness" times are reserved for water walking, lap swimming, etc.
- Guests under the age of 18 may not be in the Family Spa during "Breakout."
- Outside Groups wishing to utilize the Southridge Pools, please contact an Aquatics Manager at least one week prior to your requested usage date.
- Birthday parties are scheduled Fri 5:00p-7:00p, Sat & Sun 10:00-12:00, 1:00p-3:00p & 4:00p-6:00p. The party hotline is 303-471-7055.
- Questions may be directed to the Aquatics Manager at 303-471-7060.