HIGHLANDS RANCH
COMMUNITY ASSOCIATION

Recreation Center at Southridge Pool Schedule

November 1st - November 7th, 2026

Revised:
02-Nov-26

Indoor Fitness Pool

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Time
5:30a-6:00a	Facility Closed	Open/Lap Swim	Open/Lap Swim	Open/Lap Swim	Open/Lap Swim	Open/Lap Swim	Facility Closed	5:30a-6:00a
6:00a-6:30a								6:00a-6:30a
6:30a-7:00a								6:30a-7:00a
7:00a-7:30a	Open/Lap Swim		Aqua Fit	Aqua Fit	Aqua Fit		Open/Lap Swim	7:00a-7:30a
7:30a-8:00a								7:30a-8:00a
8:00a-8:30a								8:00a-8:30a
8:30a-9:00a				TR Program	TR Program	TR Program		8:30a-9:00a
9:00a-9:30a			Open/Lap Swim					9:00a-9:30a
9:30a-10:00a				Open/Lap Swim	Open/Lap Swim			9:30a-10:00a
10:00a-10:30a								10:00a-10:30a
10:30a-11:00a								10:30a-11:00a
11:00a-11:30a								11:00a-11:30a
11:30a-12:00p								11:30a-12:00p
12:00p-12:30p								12:00p-12:30p
12:30p-1:00p								12:30p-1:00p
1:00p-1:30p								1:00p-1:30p
1:30p-2:00p							TR Program	1:30p-2:00p
2:00p-2:30p								2:00p-2:30p
2:30p-3:00p								2:30p-3:00p
3:00p-3:30p				TR Program				3:00p-3:30p
3:30p-4:00p								3:30p-4:00p
4:00p-4:30p					TR Program	Open/Lap Swim		4:00p-4:30p
4:30p-5:00p								4:30p-5:00p
5:00p-5:30p								5:00p-5:30p
5:30p-6:00p								5:30p-6:00p
6:00p-6:30p	Facility Closed		Aqua Fit	Aqua Fit	Open/Lap Swim		Facility Closed	6:00p-6:30p
6:30p-7:00p								6:30p-7:00p
7:00p-7:30p								7:00p-7:30p
7:30p-8:00p								7:30p-8:00p

Activity Pool

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Time
5:30a-6:00a	Facility Closed	Swim Fitness	Swim Fitness	Swim Fitness	Swim Fitness	Swim Fitness	Facility Closed	5:30a-6:00a
6:00a-6:30a								6:00a-6:30a
6:30a-7:00a								6:30a-7:00a
7:00a-7:30a	Swim Fitness						Swim Fitness	7:00a-7:30a
7:30a-8:00a								7:30a-8:00a
8:00a-8:30a								8:00a-8:30a
8:30a-9:00a								8:30a-9:00a
9:00a-9:30a	Open Swim	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Open Swim	Open Swim	9:00a-9:30a
9:30a-10:00a								9:30a-10:00a
10:00a-10:30a								10:00a-10:30a
10:30a-11:00a								10:30a-11:00a
11:00a-11:30a								11:00a-11:30a
11:30a-12:00p								11:30a-12:00p
12:00p-12:30p								12:00p-12:30p
12:30p-1:00p								12:30p-1:00p
1:00p-1:30p								1:00p-1:30p
1:30p-2:00p								1:30p-2:00p
2:00p-2:30p								2:00p-2:30p
2:30p-3:00p								2:30p-3:00p
3:00p-3:30p		Open Swim	Open Swim	Open Swim	Open Swim			3:00p-3:30p
3:30p-4:00p								3:30p-4:00p
4:00p-4:30p								4:00p-4:30p
4:30p-5:00p								4:30p-5:00p
5:00p-5:30p								5:00p-5:30p
5:30p-6:00p								5:30p-6:00p
6:00p-6:30p	Facility Closed						Facility Closed	6:00p-6:30p
6:30p-7:00p								6:30p-7:00p
7:00p-7:30p								7:00p-7:30p
7:30p-8:00p								7:30p-8:00p

Family Spa Hours

Sun. 7a.m.– 6p.m.
Mon-Thur 5:30a.m.– 10a.m. & 3p.m. - 8p.m.
Fri 5:30a.m. - 8p.m.
Sat 7 a.m. - 5p.m.

*Family spa maintained from 96-98 degrees for all ages to enjoy.

Children's Pool

Sun. 9a.m.– 6p.m.
Mon–Thur 3 p.m. – 8 p.m.
Fri 9a.m.-8p.m.
Sat 9 a.m. – 5 p.m.

Scan to see the Pool Schedules at all Facilities

***PLEASE NOTE:**

- **Pool Schedule is subject to change with little to no advance notice.**
- "Break Out" may be called at the top of every hour of "Open Swim" for all guests under the age of 18.
- "Swim Fitness" times are reserved for water walking, lap swimming, etc.
- Guests under the age of 18 may not be in the Family Spa during "Breakout."
- Outside Groups wishing to utilize the Southridge Pools, please contact an Aquatics Manager at least one week prior to your requested usage date.
- Birthday parties are scheduled Fri 5:00p-7:00p, Sat & Sun 10:00-12:00, 1:00p-3:00p & 4:00p-6:00p. The party hotline is 303-471-7055.
- Questions may be directed to the Aquatics Manager at 303-471-7060.