

Recreation Center at Southridge Pool Schedule February 24th through March 2nd, 2025

Time					Fitness Pool						
Same Prices Sem Fines Se	Time	Monday	Tuesday	Wednesday		Friday	Time	Saturday	Time	Sunday	
Solid Solid Solid Solid Solid Times Solid Time	5:30a-7:00a			ĺ	_	,	5:30a-6:00a		5:30a-6:00a		
Right Part	7:00a-8:00a	Curies Fitance	Swim Fitness	Swim Fitness		Swim Fitness	6:00a-7:00a	Closed	6:00a-7:00a	Closed	
Sub-100s	8:00a-9:00a	Swim ritiess	Aqua Fit				7:00a-8:00a	Swim Fitness	7:00a-8:00a		
1980 1980	9:00a-10:00a						8:00a-8:30a		8:00a-8:30a	Swim Fitness	
1999-1996 1999-1999-	10:00a-11:00a						8:30a-9:00a		8:30a-9:00a		
11/30-12/00 1	11:00a-11:30a	ISR	ISR	ISR	ISR	TR 1·1					
12/00-1/200 12/00-1/200	11:30a-12:00p					III III	10:00a-11:00a		10:00a-11:00a		
1999-1996 1999-2996 1999								Open Swim/Lap Swim			
100p-130p 100p-130p 100p-120p 100p					Open/Lap Swim						
1,002-200 1,00				Open/Lap Swim	Sportage Street	Open Swim/Lap Swim					
2-39p-3-39p	1:30p-2:00p	Open/Lap Swim	Open/Lap Swim				1:00p-2:00p		1:00p-2:00p	Open/Lap Swim	
18 18 18 18 18 18 18 18								TR 1:1			
SSR	2:30p-3:30p				Thursdays		3:00p-4:00p		3:00p-4:00p		
4.00y-4.30y 5.00y-2.00y 5.00y-6.00y				TR 1:1	TR 1:1						
Agua Fit Agua Fit Open Lap Seim Open Lap				ISR	ISR						
		3:50-6:20	3:50-6:20	Open 3:50-6:20	3:50-6:20	3:50-6:20			5:00p-6:00p		
*Notes: A lap lane may be added to the fitness pool to best accommodate all swimming needs. **Notes: A lap lane may be added to the fitness pool to best accommodate all swimming needs. **Children's Pool Time			Aqua Fit	Agua Fit	Open/Lap Swim	Open/Lap Swim					
*Notes: A lap lane may be added to the fitness pool to best accommodate all swimming needs. **Children's Pool*** **Time** **Monday** **Time** **Monday** **Closed** **Closed* **Closed** **Closed* **Closed* **Closed* **Closed* **Closed* **Closed* **Closed*				· ·					6:00p	Closed	
Time	 				Closed	Closed	8:00p	Closed			
Time	*Notes: A lap lane may be added to the fitness pool to best accommodate all swimming needs.										
Solution Closed	Children's Pool										
Closed C	Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Time	Sunday	
10:00a-3:00p	5:30a-10:00a	Closed	Closed	Closed	Closed	Closed	7:00a-9:00a	Closed	7:00a-9:00a	Closed	
3.00p-8.00p Open Swim	10:00a-3:00p	Oloseu	Ciosed	Ciosed	Ciosed	Cioseu	0.000 8.000	Open Swim	9:00a-5:00p	Open Swim	
*Notes: Periodic 1:1 instruction / groups for special needs members during open swim. **Notes: Periodic 1:1 instruction / groups for special needs members during open swim. **Time	3:00p-8:00p	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	9.00a-6.00p	Open Swilli	5:00p-6:00p	Open Swilli	
Time	8:00p	Closed	Closed	Closed	Closed	Closed	8:00p	Closed	6:00p	Closed	
Time Monday Tuesday Wednesday Thursday Friday Time Saturday Time Sumay 5:30am-10am Swim Fitness ISR Swim Fitness ISR Swim Fitness ISR Time Saturday 7:00a-9:00a Swim Fitness 10:00a-3:00p Closed Time Saturday Time Sumin Fitness Swim Fitness Swim Fitness Swim Fitness Closed Closed <td>*Notes:</td> <td>Periodic 1:1 instruction / group</td> <td>s for special needs members dur</td> <td>ing open swim.</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>	*Notes:	Periodic 1:1 instruction / group	s for special needs members dur	ing open swim.							
Time Monday Tuesday Wednesday Thursday Friday Time Saturday Time Sumay 5:30am-10am Swim Fitness ISR Swim Fitness ISR Swim Fitness ISR Time Saturday 7:00a-9:00a Swim Fitness 10:00a-3:00p Closed Time Saturday Time Sumin Fitness Swim Fitness Swim Fitness Swim Fitness Closed Closed <td colspan="11"></td>											
Solumin Solu	Time	Monday	Tuesday				Time	Saturday	Time	Sunday	
10:00a-3:00p Closed Open Swim Open Sw	5.20 40	Onity Fileson	Outro Ethana		Outre Filtere	Orin Fitzura	7:00a-9:00a		7:00a-9:00a	Swim Fitness	
3:00p-6:45p	5:30am-10am	Swim Fitness ISR	Swim Fitness ISR	Swim Filiness ISR	Swim Fitness 15K	SWITT FILTIESS ISR					
3:00p-6:45p	40.00 - 2.00 -	Oleveni	Olered	Oleved	01	Olevert			0.00 - 5.00-		
	10:00a-3:00p	Ciosed	Closed	Closed	Closed	Closed	9:00a-8:00p	Open Swim	9:00a-5:00p	Open swim	
	3:00p-6:45p		Open Swim								
8:00p Closed Closed Closed Closed 6:00p Closed Family Spa Time Monday Tuesday Wednesday Thursday Friday Time Saturday Time Sunday 5:30a-10:00a Open Swim S:00p-6:00p S:00p-6:00p S:00p-6:00p Closed 6:00p Closed 8:00p Closed Closed Closed Closed Closed Closed 6:00p Closed		Open Swim		Open Swim	Open Swim	Open Swim			5:00p-6:00p		
Family Spa Time Monday Tuesday Wednesday Thursday Friday Time Saturday Time Sunday 5:30a-10:00a Open Swim 5:00p-6:00p 5:00p-6:00p Si0op-6:00p Closed Closed Closed Closed Closed Closed Closed 6:00p Closed		Closed		Closed	Closed	Closed	8:00pm	Closed		Closed	
Time Monday Tuesday Wednesday Thursday Friday Time Saturday Time Sunday 5:30a-10:00a Open Swim S:00p - 6:00p Closed Closed Closed Closed Closed R:00p Closed 6:00p Closed	,,									0.000	
5:30a-10:00a Open Swim	Time	Monday	Tuesday	Wednesday		Friday	Time	Saturday	Time	Sunday	
10:00a-3:00p Closed Clos						-	111116	Juliarday	111116	Juliuay	
3:00p-8:00p Open Swim Open Swim Open Swim Open Swim Open Swim Open Swim 5:00p-6:00p 5:00p-6:00p 5:00p-6:00p Closed Closed Closed Closed Closed Closed 6:00p Closed Closed	-	•	<u>'</u>		-	·	7:002 8:002	Opon Swim	7:00a-5:00p	Opon Swim	
8:00p Closed Closed Closed Closed Closed S:00p Closed 6:00p Closed	<u> </u>						7.00a-0:00p	Open Swilli	5:00:: 0.00	Open Swim	
5.50p		•	<u>'</u>			*		Ol- 1			
			1 1111	1 1111	Closed	Closed	8:00p	Closed	6:00p	Closed	

- "Swim Fitness" times are reserved for water walking, lap swimming, etc.
- Birthday Parties are scheduled Fridays 5:00p-7:00p, Saturdays & Sundays 10:00a-12:00p & 1:00p-3:00p & 4:00p-6:00p Inquire online @ hrcaonline.org
- Outside Groups wishing to utilize the Southridge Pools, please contact the Aquatics Manager at least one week prior to your requested usage date.
- Questions may be directed to the Aquatics Manager at 303-471-7060.

Pool Schedule Subject to Change Without Notice