

Recreation Center at Northridge Pool Schedule

March 3 - March 9, 2025

Revised:
10-Feb-25

Indoor Multi Purpose Pool - 8 Lanes

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time							
5:00a-5:30a	Lap Swim (8)	Lap Swim (8)	Lap Swim (8)	Lap Swim (8)	Lap Swim (8)	Facility Closed	Facility Closed	5:00a-5:30a							
5:30a-6:00a								5:30a-6:00a							
6:00a-6:30a								6:00a-6:30a							
6:30a-7:00a								6:30a-7:00a							
7:00a-7:30a	Lap Swim (3) Masters (5) 6:15-7:30a	Lap Swim (3) Ranch H2O (5) 6:30-7:30a	Lap Swim (3) Masters (5) 6:15-7:30a	Lap Swim (3) Ranch H2O (5) 6:30-7:30a	Lap Swim (3) Masters (5) 6:15-7:30a	Lap Swim (8)	Lap Swim (8)	7:00a-7:30a							
7:30a-8:00a	Lap Swim (8)	Lap Swim (8)	Lap Swim (8)	Lap Swim (8)	Lap Swim (8)			7:30a-8:00a							
8:00a-8:30a	Open Swim (8)	Open Swim (8)	Open Swim (8)	Open Swim (8)	Open Swim (8)			Lifeguard Instructor Training (3)	Lifeguard Instructor Training (3)	8:00a-8:30a					
8:30a-9:00a										Lap Swim (5)	Lap Swim (5)	Lap Swim (5)	Lap Swim (5)	8:30a-9:00a	
9:00a-9:30a						Open Swim (3) Ranch H2O (5) 11:00a-12:00p	Open Swim (3) Masters (5) 11:00a-12:00p			Open Swim (3)	Open Swim (3)	Open Swim (3) Masters (5) 12:00p-1:00p	Open Swim (5)	Open Swim (5)	9:00a-9:30a
9:30a-10:00a															Open Swim (8)
10:00a-10:30a	Open Swim (3)	Open Swim (3)	Open Swim (3)	Open Swim (3)	Open Swim (3)			Open Swim (3)	Open Swim (3)						10:00a-10:30a
10:30a-11:00a	Open Swim (3)	Open Swim (3)	Open Swim (3)	Open Swim (3)	Open Swim (3)			Open Swim (3)	Open Swim (3)						10:30a-11:00a
11:00a-11:30a	Open Swim (3)	Open Swim (3)	Open Swim (8)	Open Swim (3)	Open Swim (3)	Lifeguard Instructor Training (3)	Lifeguard Instructor Training (3)	11:00a-11:30a							
11:30a-12:00p	Open Swim (3)	Open Swim (3)		Open Swim (3)	Open Swim (3)			Open Swim (3)	Open Swim (3)	11:30a-12:00p					
12:00p-12:30p	Open Swim (3)	Open Swim (3)		Open Swim (3)	Open Swim (3)			Open Swim (3)	Open Swim (3)	Open Swim (3)	12:00p-12:30p				
12:30p-1:00p	Open Swim (3)	Open Swim (3)		Open Swim (3)	Open Swim (3)			Open Swim (3)	Open Swim (3)	Open Swim (3)	12:30p-1:00p				
1:00p-1:30p	Open Swim (8)	Open Swim (8)	Open Swim (8)	Open Swim (8)	Open Swim (8)	Lifeguard Instructor Training (3)	Lifeguard Instructor Training (3)	1:00p-1:30p							
1:30p-2:00p								Open Swim (8)	Open Swim (8)	Open Swim (8)	Open Swim (8)	Open Swim (8)	Open Swim (8)	Open Swim (8)	1:30p-2:00p
2:00p-2:30p								Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	2:00p-2:30p
2:30p-3:00p								Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	2:30p-3:00p
3:00p-3:30p	Open Swim (1) HRA (7) 3:15-6:00p	Open Swim (1) HRA (7) 3:30-7:00p	Open Swim (1)	Open Swim (1)	Open Swim (1)	Lifeguard Instructor Training (3)	Lifeguard Instructor Training (3)	3:00p-3:30p							
3:30p-4:00p								Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	3:30p-4:00p
4:00p-4:30p								Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	4:00p-4:30p
4:30p-5:00p								Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	4:30p-5:00p
5:00p-5:30p	Open Swim (3) HS Swim (5) 6:00-7:30p	Open Swim (8)	Open Swim (3)	Open Swim (1)	Open Swim (1)	Lifeguard Instructor Training (3)	Lifeguard Instructor Training (3)	5:00p-5:30p							
5:30p-6:00p								Open Swim (3)	Open Swim (3)	Open Swim (3)	Open Swim (3)	Open Swim (3)	Open Swim (3)	Open Swim (3)	5:30p-6:00p
6:00p-6:30p								Open Swim (3)	Open Swim (3)	Open Swim (3)	Open Swim (3)	Open Swim (3)	Open Swim (3)	Open Swim (3)	6:00p-6:30p
6:30p-7:00p								Open Swim (3)	Open Swim (3)	Open Swim (3)	Open Swim (3)	Open Swim (3)	Open Swim (3)	Open Swim (3)	6:30p-7:00p
7:00p-7:30p	Open Swim (1) HS Swim (7) 7:30-9:00p	Open Swim (8)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Lifeguard Instructor Training (3)	Lifeguard Instructor Training (3)	7:00p-7:30p							
7:30p-8:00p								Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	7:30p-8:00p
8:00p-8:30p								Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	8:00p-8:30p
8:30p-9:00p								Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	Open Swim (1)	8:30p-9:00p

Note: Masters will utilize lanes 2-6 during programming times

Dive Well

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time						
5:00a-7:00a	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Facility Closed	Facility Closed	5:00a-7:00a						
7:00a-9:00a						Adult Swim	Adult Swim	7:00a-9:00a						
9:00a-3:00p	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Lifeguard Instructor Training	Lifeguard Instructor Training	9:00a-3:00p						
3:00p-7:00p								Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	3:00p-7:00p
7:00p-9:00p								Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim

Hot Tub

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time							
5:00a-7:00a	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Facility Closed	Facility Closed	5:00a-7:00a							
7:00a-9:00a						Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	7:00a-9:00a			
9:00a-3:00p	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	9:00a-3:00p							
3:00p-7:00p								Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	3:00p-7:00p
7:00p-9:00p								Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	7:00p-9:00p

PLEASE NOTE:

- Pool Schedule is subject to change.
- "Break Out" or "Adult Swim" may be called at the top of every hour of "Open Swim" for all guests under the age of 18.
- Guests 10-17 will be permitted to use the hot tub with a parent or legal guardian, under direct supervision. Guests under the age of 18 may not be in the hot tub during "Breakout."
- Outside Groups wishing to utilize the Northridge Pools, please contact an Aquatics Manager at least one week prior to your requested usage date.
- Questions may be directed to the Aquatics Manager at 303-471-8962.